#### **THE BRIDGE**

Published monthly by First Baptist Church 201 St. Clair St. Frankfort, KY 40601

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# THEBRIDGE





"What should I do then? I will pray with the spirit, but I will prav with the mind also; I will sing with the spirit, but I will sing praise

with the mind also." (1 Corinthians 14:15)

Music is a powerful force. Melodies and harmonies can touch our emotions across the full spectrum. We can be made to feel sad or happy, bored or excited, etc. There is a real danger in church music that we forget to sing with the mind as well as the spirit. But, as I have told the Sanctuary Choir multiple times, the text is primary in anything we sing.

I'm sure that you can quickly recall some song that brings up certain feelings in you each time you hear or think about it. ("Pass It On" from my days as a youth comes to my mind.) Music has the power to do that. So we must be intentional about singing with our minds so the message is not missed. Emotions are real and extremely important, but they can betray us at times. We must use both our intellect and our emotions in church music.

This is as important in our hymn singing as it is in the anthems the choir sings each week. It is important that we sing the message and not just a series of sylla-

bles. Familiarity can be a problem with this as well. Hymns such as "Amazing Grace," "Holy, Holy, " "Blessed Assurance," etc. are sometimes sung with little to no thought of how profound the texts are because we know them so well. We sing "I Surrender All" with little thought to actually living out what we are singing. Are we really committing to surrendering everything we have to God?

I am in no way equating hymn texts to scripture, but I have found that just as there have been a myriad of times where reading scriptures I've known all my life, new meanings emerge, so it is with hymn texts. I will never forget, as an adult of too advanced an age, the text "Veiled in flesh the Godhead see" from the hymn "Hark! The Herald Angel Sing" struck me almost speechless. The magnitude of those six words!!! I couldn't believe I had sung them all my life and had not contemplated the vastness of that miracle.

God has gifted authors of hymns and anthems with the ability to concisely proclaim some amazing truths. My prayer is that each of us will not only sing with the spirit, but that we will especially sing with the mind as well. Thank you for your great congregational singing. It inspires me every week. If you are one of those who simply cannot bring yourself to sing, I strongly encourage you to pick up a hymnal and read the text!

> Sing on! ~Richard



## **ANNUAL CHURCH SOCIAL**

Sunday, October 27 5:00 - 7:00 pm Happy Jack Pumpkin Farm

Join us for a fun evening with a free hotdog supper and trick or treating. Adults bring lawn chairs and candy to share with our kids. Children and youth wear your costume (we love to see adults in costume, too)! Friends are welcome and encouraged to attend!



### **FBC WELCOME LUNCHEON**

#### Sunday, October 13 Fellowship Hall 12:00 pm

For VISITORS, NEW MEMBERS, and ANY MEMBERS who feel as if they have missed some basic orientation to First Baptist Church.

Participants will be introduced to the church's history, identity, ministries, church leaders, and ministry staff who will answer any questions you may have. In addition, you'll be offered a tour of the church buildings.

Reservations are required in order to plan for lunch. Please RSVP to the church office, 502.227.4528, by Monday, October 7.

*The Bridge is a publication of First Baptist Church at the Singing Bridge* 



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 12:00 pm Book Study	2 5:00 pm Wednesday Night Activities	3 9:00 am ROMEOs 10:00 am Ladies Spiritual Formation Group 6:00 pm Deacons' Meeting	4	5
6 9:45 am Bible Study 10:50 am Worship 12:00 pm Book Buddies Meeting	7	8 12:00 pm Book Study	9 5:00 pm Wednesday Night Activities NOTE: NO CHILDREN OR YOUTH ACTIVI- TIES TONIGHT	10 9:00 am ROMEOs 10:00 am Ladies' Spiritual Formation Group	11	12 9:30 am Room at the Table
13 9:45 am Bible Study 10:50 am Worship 12:00 pm New Member Luncheon 4:00 pm Enneagram Journey	14 6:00 pm Finance Team Meeting	15	16 5:00 pm Wednesday Night Activities 6:15 pm Town Hall Meeting	17 9:00 am ROMEOs 10:00 am Ladies' Spiritual Formation Group	18 6:00 pm TENTA- TIVE Youth Midnight Mad- ness	19 9:00 am Clinic
20 9:45 am Bible Study 10:50 am Worship 12:00 pm Finance Team 4:00 pm Enneagram Journey	21	22	23 5:00 pm Wednesday Night Activities 6:15 pm Business Meet- ing	24 9:00 am ROMEOs 10:00 am Ladies' Spiritual Formation Group Godly Pl	25 ay Advanced Trai	26 ning
<ul><li>27</li><li>9:45 am Bible Study</li><li>10:50 am Worship</li><li>3:00 pm Enneagram Journey</li><li>5:00 pm Happy Jack</li></ul>	28 9:30 am Soup Kitchen	29	30 5:00 pm Wednesday Night Activities	31 9:00 am ROMEOs		



# THE BARNABAS GROUP

The September dinner/concert with our friends from First United Methodist Church was a wonderful night of good food, good friends, and good music. Rahab's Rope gave us an amazing concert.

Our next event is lunch and a boat ride at Shaker Village on October 5. Sign-ups are closed for lunch, but anyone can join in the boat ride with TBG at 2:00. For folks headed to Shaker Village on 10/5, you may want to go a little early for the Farmers' Market from 9:00-noon. Those with lunch reservations will meet in the Trustees Room at noon. At 1:30, we will pick up our boat tickets at the Wel-

come Center and then drive to the boat dock. The Dixie Belle Riverboat ride is 2:00-3:00. What a fun day!

Looking ahead, we will have lunch in Harrodsburg at Beaumont Inn on Friday, November 8, and in December we will be caroling with the church. I have survey sheets on activities for 2020 and would love lots of input! Let me know if you haven't completed one yet.

Please send any and all suggestions to TheBarnabasGroupFBC@gmail.com or call me at 859-948-1238. ~Mona





LOVE YOUR NEIGHBOR **Sunday School Class Projects** 

We saw a few weeks ago how the Marshmallow Heads have already set an example for our Love Your Neighbor projects with their creative activity bags for children visiting our medical clinic. We are encouraging each of our Sunday School classes to plan a Love Your Neighbor project together to complete this fall. It could be a big project or a small one that involves the whole class. Be creative. We don't want to limit your thinking, but here are some suggestions if needed: Help an elderly or disabled neighbor or church member who needs something done around the house; help sort clothes in the Clothes Closet; Work in the soup kitchen; We have a community resource list in the office that may give you an idea.

Show our neighbors what God looks like: "No one has ever seen God; if we love one another, God lives in us, and his love is perfected in us.... God is love." (1 John 4:12, 16)



**MANAGING MENTAL HEALTH** Sundays: November 3, 10, 17 Fellowship Hall, 9:45 am

Anxiety, stress, and depression can increase around the holidays and with tragic events in the news. You are invited to join us in fellowship hall as Melinda Simpson, licensed clinic social worker, leads us in this class series to help us manage our own mental health and care for others.

#### November 3, 2019

Intro to mental health/There is no Such thing as a Dragon story

Anxiety 101 – Signs & Symptoms – self assessment Coping with anxiety in self and loved ones Children and Anxiety/Impact of Anxiety on family system

#### November 10, 2019

Depression - When is it normal, when to become concerned Signs & Symptoms – self-assessment Caring for self and others while living with depression Children and Depression/Impact on family system

#### November 17, 2019

Managing your mental health Mindfulness Caring for your body, Caring for your mind Stress management during the holidays



#### **ROOM AT THE TABLE** Saturday, October 12 9:30 am - 12:00 pm

Join Erica Settelen, FBC children's ministry staff, chef, and culinary arts instructor, as she teaches us kitchen basics and ease of preparing a meal at home. Paired with a discussion, led by Erica Galyon, on reviving family dinner around your table, this is a great experience for adults, youth, and families. All are welcome. A fee of \$10 per adult or \$20 per family will defray the costs of the food and tastings. Please sign up on the bulletin board or call the church office by Sunday, October 6.



#### SCHOOL FOR DISCIPLESHIP Genesis 1-11 Saturday, November 9 9:00 am - 12:00 pm

'In the beginning God created the heavens and the earth;" so opens the book called Genesis. If the story of Israel begins in chapter 12 with the calling of Abram; then everyone's story, humanities story, your story, my story begins in Genesis 1-11 These chapters stand apart from and read differently than the rest of the book; they must be understood differently.

Anyone searching for an exact date and time for creation or remnants of the Ark or hoping to discover the foundations for the Tower of Babel will be sorely disappointed. In a sense, Genesis 1-11 stands above and beyond history; we cannot go back and recapture it or relive it. We affirm its truths by faith!

And what truths are to be mined! The stories of Chapters 1-11 are really not about our origins but our identity! These primeval events speak to the struggles of humanity; who are we and what is our role on earth, human arrogance, the loss of innocence, boundaries, meaning and purpose, sibling rivalries, new beginnings, corruption, chaos, hope, God's grace, omnipotence and more!

While our look at Genesis 1-11 may leave us wanting deeper answers to our many questions, hopefully we will have a better grasp of our identity and what it means to be human and to be part of God's creation. The bulk of our time will be spent with an in depth look at Genesis 1-3 while we take a broader sweep at the stories of Cain/Abel, Noah and the Flood and the Tower of Babel.

Put your thinking cap on. Prepare to be challenged and stretched. Bring your Bible and your questions. Come with an open mind and join us as we "deep dive" into Genesis 1-11 on Saturday, November 9. Rick White, Teacher.

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> > Lois Summers Pianist

Anthony Hager **Building Superintendent** 

> Seldon Jackson Assistant Custodian



Thursdays, 9:00 am **Tammy's Diner** 



**HIR** MINISTRY

#### After looking at the plans

we have for this fall/winter in the Children's Ministry, there are several items you aren't currently able to recycle that we could use for activities and would *love* to take off your hands. If you would like to 'recycle' any of the items listed below here at church, we would be very glad to have them! Recycling tubs are located in the nursery foyer and in the 3<sup>rd</sup> floor hallway.

We are collecting newspapers, thin cardboard boxes – like cereal, cracker, pasta boxes [both regular size and individual (little) size], toilet paper rolls, paper towel rolls, magazines, wood scraps (small pieces), and small/medium sized glass jars (with or without lids)

#### **Book Drive for FBC Toy Store**

Our Children's Ministry Book Drive will continue through October to support the FBC Toy Store. We will be happy to have any books you would like to donate, but we are trying to focus our efforts on collecting Spanish language and bilingual books. We have boxes in the vestibule windowsill for you to drop off your donations. If you would rather donate funds for the church to purchase books, please designate your donation to "Book Drive".

We want to thank our church family for their help and prayers for all the children and families who will be blessed by receiving these books.

~Jenny

Hello, church! We have several things to look forward to in the coming weeks!

First, thank you all so much for the desserts and donations at our recent auction. We couldn't be more grateful to be in a community that's so supportive toward us and our endeavors! Thank you, thank vou, thank you!

In Sunday school, our youth will be discussing "The Body of Baptist Beliefs." We'll be explor-

ing beliefs such as the Church as sacrament, baptism, and communion. We've already begun this discussion by exploring the concept of ordinances and sacraments.

Following fall break, our Wednesday evenings will consist of a youth-led Bible study, per some of our youth's request. I'm very excited to see our youth wanting to step into a leadership role and share their interpretations of Scripture.

In other news, the youth are looking forward to fall break and hopefully taking a break from their schoolwork. They're also looking forward to our time at Happy Jack's at the end of this month. We're figuring out what Halloween costumes we'll be wearing! The youth are also planning to have a social media presence on outlets like Facebook, Instagram, and Twitter. The hope is to both communicate what we're doing and share our experiences and times together.

As always, please contact me if you'd like to get plugged in with our youth in some way. Whether it's serving as a chaperone, hosting an event, etc., I'd love to get you connected! Also, be on the lookout for us on platforms like Facebook, Instagram, and Twitter!

> Peace be with you! Marcus



**DEACON NOMINATIONS** are certainly important to the life of our church. Each year, we prayerfully consider individuals, male and female, who might fill the role of servant leader for FBC. Acts 6 records the earliest selections for this role in the church. Seven individuals were chosen to serve. They were to be in good standing with the church. They were to be full of the Spirit and wise. They were elected to serve (diakoneo) tables (6:3) for the daily distribution of food for the widows. I Timothy 3 provides some qualifications for deacons of which I hope you will read as you consider who in our church might fill this role. There is no scriptural basis for deacons to 'rule' the church. They are to lead out in service, be of good character and resolved followers of Christ. Who comes to mind in our family of faith when you think on these characteristics for such a critical position at FBC?

**BOOK DRIVE** – I am thrilled at the response of the project our Children's Ministry is sponsoring to help with the FBC Toy Store! They are collecting Spanish language and bilingual books. They are off to a great start and I hope you will contribute to this impressive mission of our kiddos.

**MISSION TRIP POSSIBILITY** – There is an opportunity for our church to partner with a sister CBF of KY church, Buechel Park Baptist, to go on a mission trip to Morocco. Many of you know of our partnership with CBF of KY in supporting a ministry in Morocco to migrants and refugees who are fleeing war, poverty and disease. The trip is tentatively set for May 6-15 and the approximate cost is \$1,500 - \$2,000 per person. I realize this is an expensive endeavor and a busy time of year. The reality is this kind of trip will always be expensive and there isn't a non-busy time of year for folks anymore. Are you interested? Please let me know ASAP. I'm praying for at least 6 to 10 people who might feel led to take part in this experience of a lifetime.

**SEARCH COMMITTEES** – I am excited to say our church voted to approve the motion from the deacons to form two search committees for an Associate Pastor of Missions and an Associate Pastor of Children and Spiritual Formation. They will quickly begin their work. Please be in prayer for these teams as they seek God's guidance in finding the best individuals for our staff. <u>MISSIONS</u> – Dana Nickles, Brent Simpson, Susan Hopkins, Larry Cleveland, A dell Kemper, Gary Forman, Cindy Fogg. CHILDREN & SPIRITUAL FORMATION – Jaime McKown, Janie Forman, Ronnie Dunn, Jeff Fogg, Laura Mason, Kim Bayes, Beverly Lovan. Thanks to all who have agreed to be on these committees.





In Christ, Keith

Our quarterly business meeting is October 23, 6:15 pm. This very important meeting will include a vote on the 2020 proposed budget and our annual Nominating Team Report. A town hall meeting to review the proposed budget will be the week prior, October 16, 6:15 pm. Your presence and voice is an integral part of the church's work. Please make every effort to attend both of these meetings.